



Transforming
health and social care
in Kent and Medway

Local Care



- Local care is a new model of delivery of **integrated health and care** services **close to where people live**.
- It is a **collective commitment** of the health and care system in Kent and Medway to fundamentally transform how and where we will support people to keep well and live well.

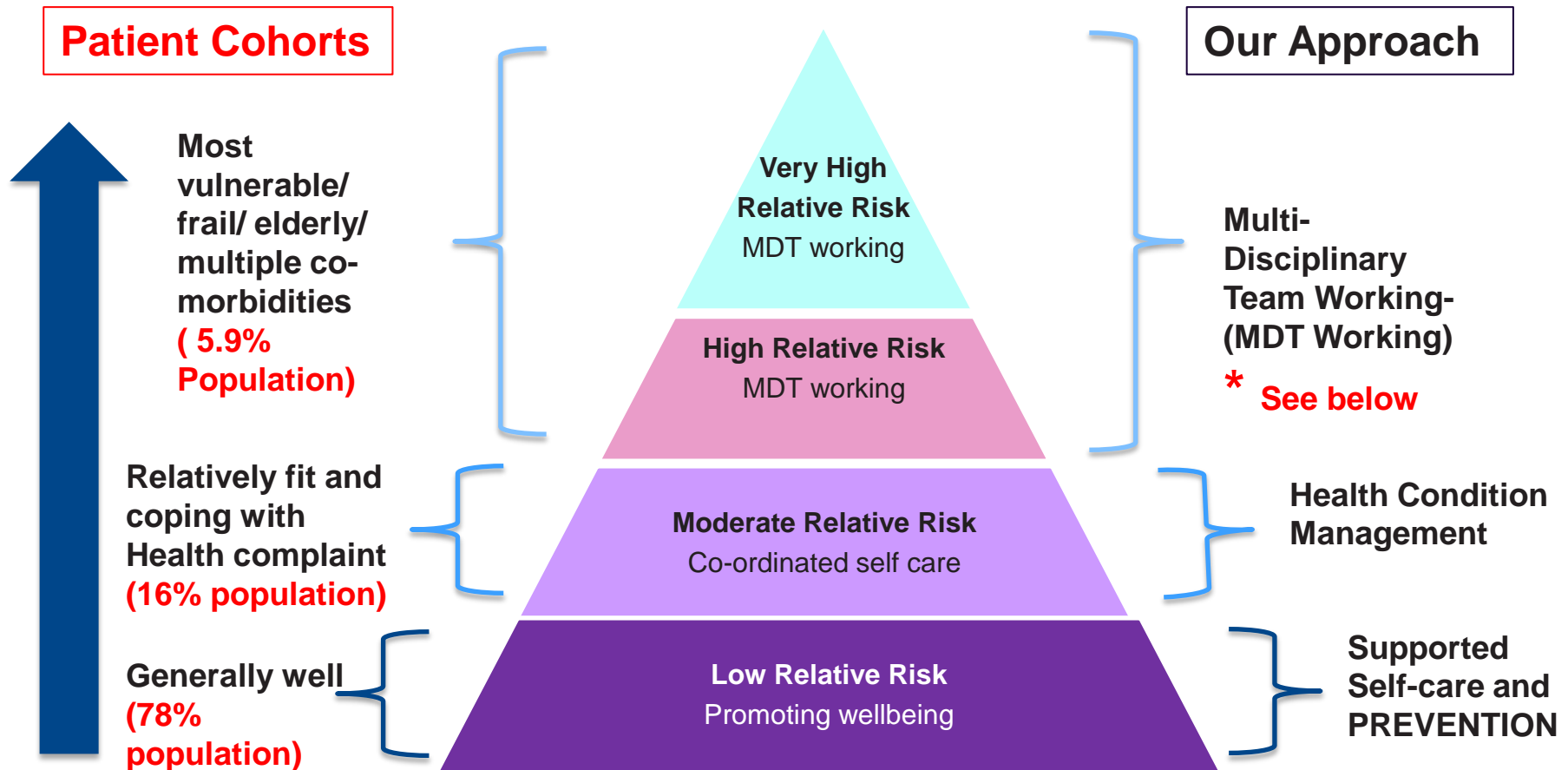
Cathy Bellman, Local Care Lead, K&M STP

Transforming health and social care in Kent and Medway is a partnership of all the NHS organisations in Kent and Medway, Kent County Council and Medway Council. We are working together to develop and deliver the Sustainability and Transformation Plan for our area.



New Models of Care:




Understanding our population allows us to apply different approaches



* On average 6% of population = 80% acute expenditure on emergency admissions



The Local Care workstream has identified the population of **elderly people with complex conditions** as the first priority to **improve quality and outcomes at lower cost**.

	<p>30% of patients in acute hospital beds would be better looked after in an alternate location of care, either in a short term or step down bed or at home with community nursing or social care support</p>
	<p>12% of admissions through A&E are avoidable through more consistent decision-making at the front door, or better health and social care provision in the community</p>
	<p>25% of community hospital patients would be better cared for at home or in a community setting</p>

– At a whole-population level, this amounts to;

- **6% reduction** to A&E attendances,
- **8% reduction** to non-elective admissions and
- **24% reduction** to non-elective bed days in 2020/21

– Implementing this model in full for those 154,743 people in Kent could bring;

- **35% reduction** to A&E attendances and non-elective admissions

Multi-Disciplinary Team Working (MDT)

As we become more sophisticated we can be specific with cohort of patients and attendees;
For younger cohorts, have the younger adult mental health team at the MDT

Community nurse

Focus on;

- Social Isolation
- Depression
- Dementia

With support from social prescribing

MDT includes:

Truly Integrated Approach
with patient at the centre



Care plan



Agreed with
patient/care
r



Social Care
representative / social
worker



Mental Health worker



Social
Prescribing

Nurse Specialist

Administrator



Integrated
Discharge
Team



Police



Fire and
rescue



Acute
specialists



**Transforming
health and social care**
in Kent and Medway

**Date: 18 April 2018
Venue: Mercure
Maidstone, Great Danes
Hotel, Ashford Road,
Hollingbourne,
Maidstone, ME17 1RE**

Multi -Disciplinary Working (MDTs)

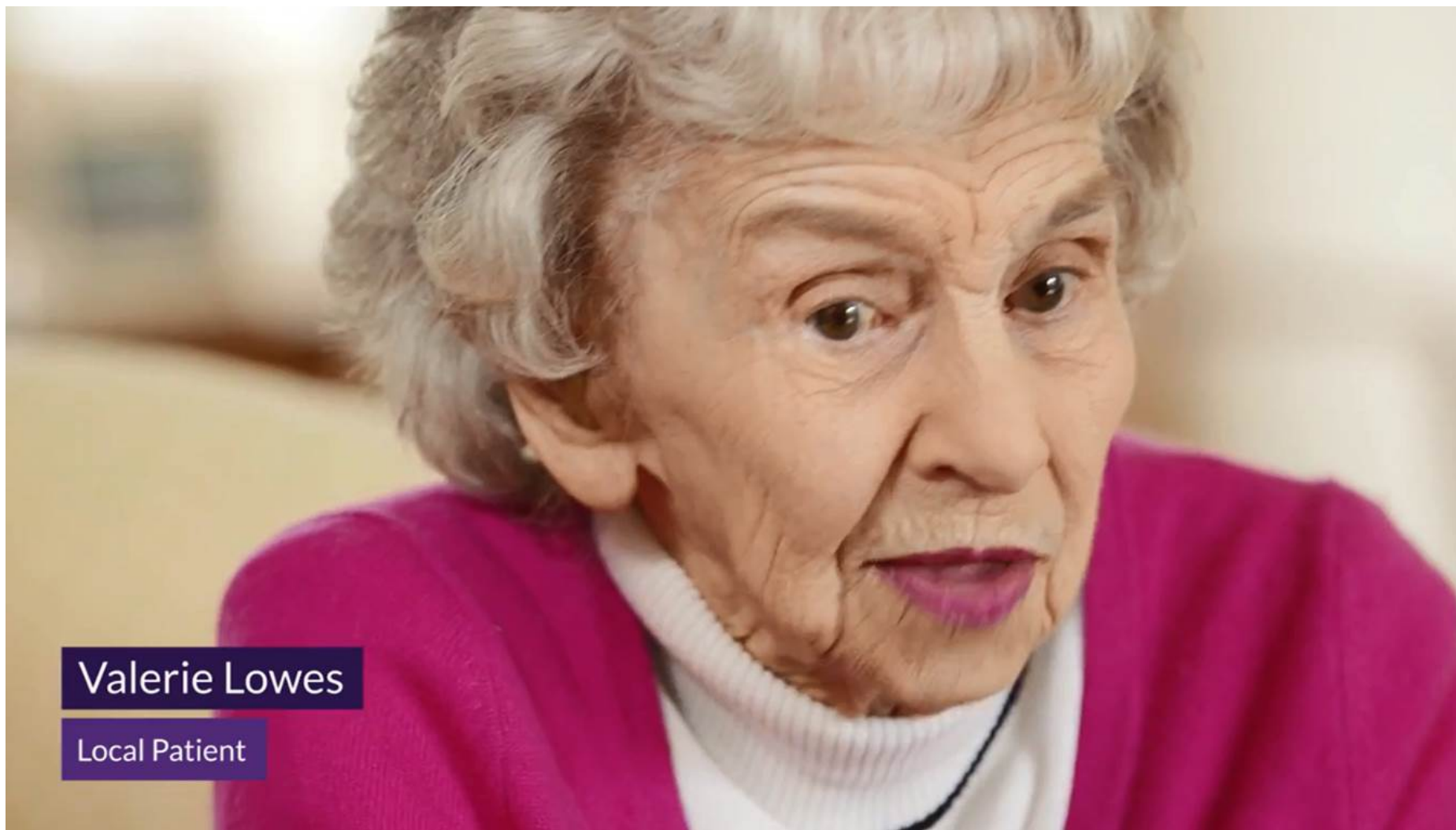


“The Heart of Local Care”

A one day conference for front line staff across Kent and Medway involved in MDT working. A chance to share ideas and learn from others locally and nationally.

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Valerie Lowes

Local Patient

